



Signature Warmth Steadfast Care

We are committed to delivering the highest caliber of clinical excellence in an ambiance of warmth and compassion.

Our warm and welcoming center is a homelike oasis of sub acute and long term care proudly serving the community.



Come in for your
PERSONAL TOUR
today!

618.242.5700

24/7 Direct admissions from the hospital.
Medicare, Medicaid, VA Contracted and
most insurances accepted.



NATURE TRAIL
HEALTH AND REHAB CENTER

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Mount Vernon, IL 62864



NATURE TRAIL
HEALTH AND REHAB CENTER

Excellence in care





Welcome to Nature Trail Health and Rehab Center



A CULTURE OF COMMUNITY

We understand the importance of keeping our residents active and engaged within the community at large.

Making sure to offer an abundance of opportunities for socialization, we schedule a broad range of activities, special events and outings. Our residents enjoy shopping trips and visits to area restaurants and attractions.

WE CONSIDER EVERY RESIDENT A BELOVED FAMILY MEMBER.

PATIENT-CENTERED NURSING CARE

Through the combined efforts of our nursing, therapy, activities, social services, and dietary departments, we make sure our patients and residents feel at home throughout their stay.

Our 24/7 skilled nursing team delivers a customized level of care to promote the wellbeing of every resident.

The regular presence of our Medical Director and Nurse Practitioner to oversee care – assures our residents are treated promptly and effectively, and minimizes the need for rehospitalization.

POST-SURGERY CARE & ILLNESS RECOVERY

Our highly skilled therapists use the latest rehab equipment and techniques to **achieve outstanding results.**

Physical, Occupational & Speech Therapy Offered 7 Days a Week

OUR SPECIALIZED SERVICES INCLUDE:

- Long Term Care
- Inpatient Therapy
- Orthopedic Rehab
- Pulmonary Care
- Cardiac Care
- Wander Guard System
- In-House X-rays
- Stroke Recovery
- Wound Healing
- Pain Management
- Hospice Care
- Respite Care
- Alzheimer's & Dementia Care
- Laboratory Services



OUR AMENITIES



Private & Semi-Private Suites



Fine Dining



Beautiful Patio



Beauty Salon



Family Lounges



Religious Services



Laundry & Housekeeping



Wifi & Cable TV